FIGHT the BITE

PERSONAL PROTECTION

- Use EPA registered insect repellent (such as DEET)
- Dress in clothing that covers arms & legs
- Cover strollers & baby carriers with mosquito netting
- Use tick control products on pets and check them after outdoor activities

AVOID STANDING WATER

- Cover recycling bins and other containers
- Dispose of or cover old tires
- Change water in pet dishes frequently
- Keep buckets, barrels, tubs and toys turned upside down or covered

MOSQUITO SPRAYING BEGINS IN JUNE.
FOR INFORMATION AND TO CHECK SPRAYING SCHEDULES IN YOUR AREA,
CONTACT ***THE CENTRAL MASSACHUSETTS MOSQUITO CONTROL PROJECT***
(508) 393-3055 / CMMCP.ORG

PROTECT YOUR FAMILY AGAINST DISEASE-CARRYING INSECTS THIS SUMMER

Public Health
Prevent. Promote. Protect.

The City *of*
WORCESTER

CENTRAL MASSACHUSETTS MOSQUITO CONTROL PROJECT

REDUCE EXPOSURE TO MOSQUITOES AND DISEASES THEY CARRY WHEN WORKING OUTDOORS

PRACTICE THE 5 D'S

DRESS IN LONG SLEEVES AND PANTS WHEN POSSIBLE. COVER UP DURING PERIODS OF MOSQUITO ACTIVITY.

DAWN & **D**USK ARE MOSQUITOES MOST ACTIVE PERIODS.

DEET IS AN EFFECTIVE REPELLENT. FOLLOW LABEL INSTRUCTIONS.

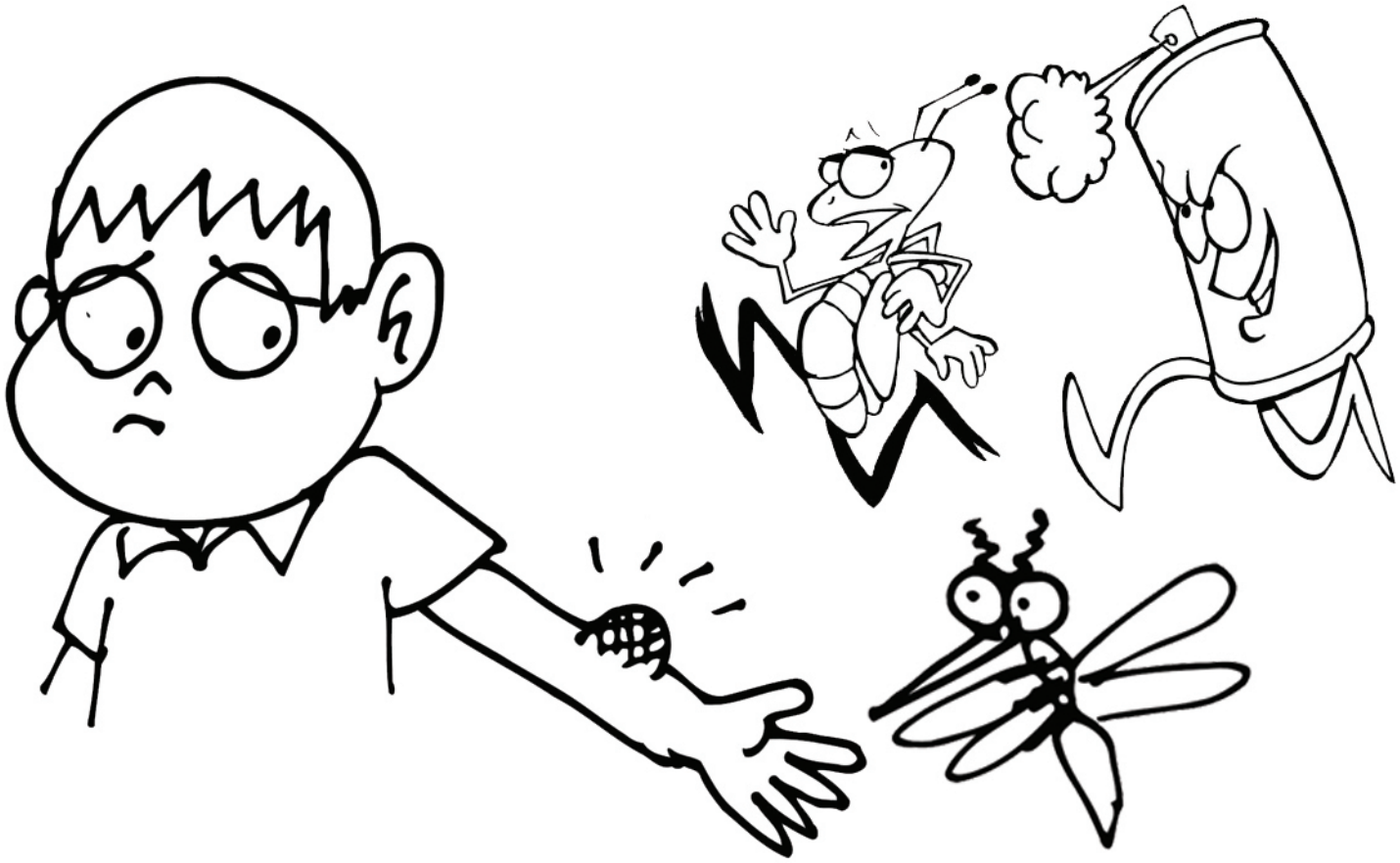
DRAIN WATER FROM CONTAINERS.

The City of WORCESTER

Public Health
Prevent. Promote. Protect.

MASSACHUSETTS MOSQUITO CONTROL PROJECT

FIGHT *the* BITE



PROTECT YOURSELF FROM MOSQUITO BITES THIS SUMMER

- **WEAR LONG SLEEVES AND PANTS**
- **APPLY BUG SPRAY**
- **PUT AWAY OUTSIDE TOYS OR TURN THEM UPSIDE DOWN SO THEY DON'T COLLECT WATER**
- **AVOID SCRATCHING BUG BITES**

CENTRAL MASSACHUSETTS MOSQUITO CONTROL PROJECT

WORCESTER A TOWN JUNE 14, 1722 A CITY FEBY. 29, 1848

The City *of* WORCESTER

RECREATION WORCESTER
ACADEMICS, ARTS, ATHLETICS