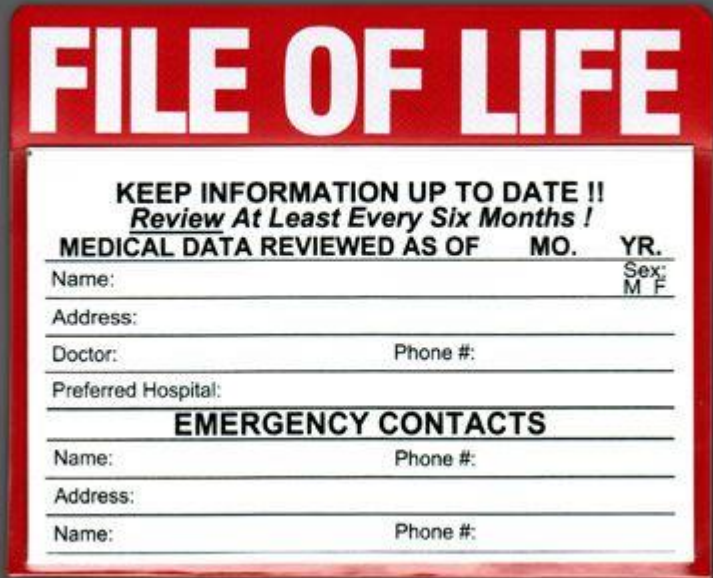


## Why everyone should have their own File of Life:

Medical emergencies can happen anytime. When they do, there is confusion, panic and urgency. Paramedics arrive on the scene with no information about the person in need. Seconds count – they can make the difference between life and death. Does the patient have prior medical conditions? Allergies? What medications are they taking? Who do they want us to call? How do we contact their family or friends? File of Life puts these answers at their fingertips. It allows first responders to immediately begin the best possible treatment, notify loved ones, and pass this vital data on to awaiting physicians at the emergency room. File of Life has already saved thousands of lives. It is an absolute asset to emergency preparedness, and peace of mind, for every household and community across the nation.



**FILE OF LIFE**

**KEEP INFORMATION UP TO DATE !!**  
*Review At Least Every Six Months !*

**MEDICAL DATA REVIEWED AS OF**    MO.    YR.

Name: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_

Doctor: \_\_\_\_\_ Phone #: \_\_\_\_\_

Preferred Hospital: \_\_\_\_\_

**EMERGENCY CONTACTS**

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Call the Senior Center at 508-841-8640 to get a card for you and your loved ones.

**Make sure to keep your cards up to date! Replacement cards are also available at the Senior Center.**